

Come along and join this friendly Chinese seniors group who meet weekly for social interaction, activities and outings

Ashburton Support Services

invites you to attend our

Chinese Cultural Group

Day: Every Thursday
Time: 10:00am - 2:30pm
Where: Ashburton Support Services
296 High Street, Ashburton 3147
Fee: \$2.00 Per Session



Activities include:

- ◆ Exercise group
- ◆ Table tennis
- ◆ Mah-jong
- ◆ Bus excursions (**Every Third Thursday**)
- ◆ Information sessions



Please ring 9885 3815 for further information



你想参加每周一次的社交、健身、娱乐、
郊游等活动吗？

Ashburton Support Services

邀请您参加

华裔长者联谊小组



时间： 每周四上午 10 点至下午 2 点 30 分

地点： Ashburton Support Services
296 High Street, Ashburton 3147

费用： 每次活动 2 元

活动包括：



- ◆ 健身
- ◆ 乒乓球
- ◆ 麻将
- ◆ 郊游或参观 (每月第三个星期四)
- ◆ 讲座



查询请致电 9885 3815

